Everyday Speech

Everyday Stories for Everyday Skills

Companion reads for your Everyday Speech lessons



This book list pairs popular children's titles with key social skills, offering a fresh way to reinforce what students are learning through Everyday Speech. Use them as read-alouds, discussion starters, or calming corner additions, each one showcasing key skills in action.

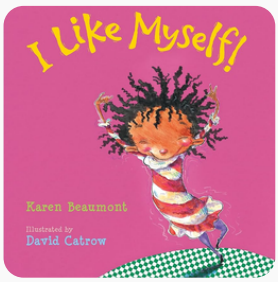
Pre-K

Self-Awareness



Glad Monster, Sad Monster
by Ed Emberley & Anne Miranda

Helps young children identify, name, and express a wide range of emotions through playful monster masks and simple language.



I Like Myself
by Karen Beaumont

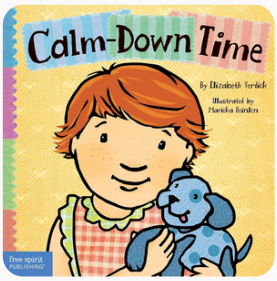
A joyful book of self-acceptance, encouraging children to embrace who they are inside and out with confidence and pride.

Self-Management



Breathe Like a Bear
by Kira Willey

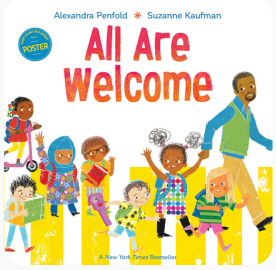
Offers simple breathing exercises and prompts to help young children calm their bodies, focus their minds, and manage big feelings.



Calm Down Time
by Elizabeth Verdick

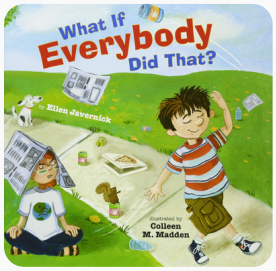
Uses clear language and visuals to guide preschoolers through simple steps for managing big feelings and regaining control.

Social Awareness



All Are Welcome
by Alexandra Penfold

A story celebrating diversity in a classroom community, showing all backgrounds are welcomed and valued.



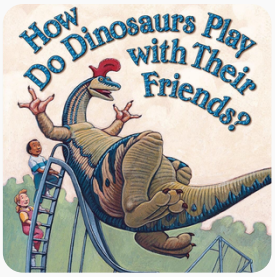
What If Everybody Did That?
by Ellen Javernick

Through playful exaggeration, this book helps young children understand why rules and directions matter, showing how small actions can affect everyone.

© 2025 All Rights Reserved

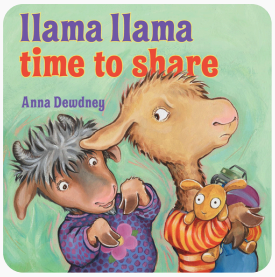
Pre-K

Relationship Skills



How Do Dinosaurs Play With Their Friends?
by Jane Yolen

Uses silly dinosaur behavior to teach young children how to share, take turns, and play respectfully with others.



Llama Llama Time to Share
by Anna Dewdney

Teaches young children the importance of sharing and taking turns through a story of learning to play kindly with a new friend.

Responsible Decision-Making



Jabari Tries
by Gaia Cornwall

Teaches children to navigate frustration and problem-solve by calming down, staying persistent, and collaborating with others to find solutions.



What Should Danny Do? School Day
by Ganit & Adir Levy

A choose-your-own-adventure where learners make choices and see the results of both positive and negative decisions.

Lower Elementary

Self-Awareness



In My Heart: A Book of Feelings
by Jo Witek

Explores a wide range of emotions, helping children recognize, name, and talk about how they feel inside.



All the Ways to Be Smart
by Davina Bell

Highlights emotional, social, artistic, and playful intelligence, helping kids see their own brilliance beyond academics.

Self-Management



Even Superheroes Have Bad Days by Shelly Becker

Shows kids that even superheroes feel big emotions sometimes, and models how to manage those feelings in safe, positive ways.



Ruby Finds a Worry
by Tom Percival

Helps children name, manage, and move through anxious thoughts.

© 2025 All Rights Reserved

Lower Elementary

Social Awareness



We're All Wonders
by R.J. Palacio

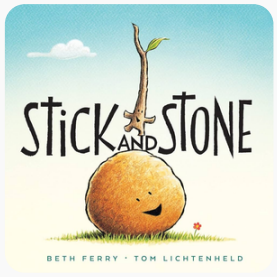
Teaches children to practice empathy by encouraging them to see the beauty in differences and treat others with kindness.



Last Stop on Market Street
by Matt de la Peña

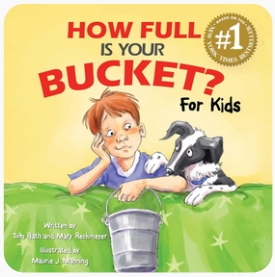
Helps children notice and appreciate different people, experiences, and communities with empathy and an open mind.

Relationship Skills



Stick and Stone
by Beth Ferry

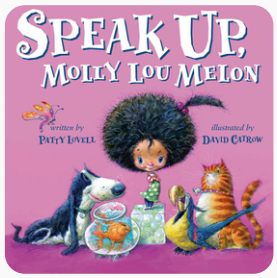
A simple but touching story about standing up for friends and showing support, even when you're small.



How Full Is Your Bucket?
by Tom Rath & Mary Reckmeyer

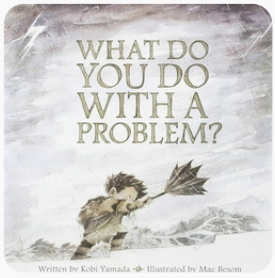
Introduces the idea that our actions can "fill" or "dip" into others' emotional buckets, encouraging kindness and emotional awareness.

Responsible Decision-Making



Speak Up Molly Lou Melon
by Patty Lovell

Teaches learners how to bravely speak up for what's right, even when it's hard.



What Do You Do With a Problem? by Kobi Yamada

Teaches children that problems aren't something to avoid. They're opportunities to learn, grow, and discover their own courage.

Upper Elementary

Self-Awareness



The Name Jar
by Yangsook Choi

Tells the story of a young girl recognizing the importance of her cultural identity and finding the confidence to honor her real name.



Absolutely Almost
by Lisa Graff

A heartfelt chapter book about a boy discovering his strengths and building confidence despite academic struggles.

© 2025 All Rights Reserved

Upper Elementary

Self-Management



How to Take the Grrrr Out of Anger by Elizabeth Verdick & Marjorie Lisovskis

Teaches kids practical strategies to understand, manage, and express their anger in healthy, respectful ways.



Fish in a Tree
by Lynda Mullaly Hunt

A story about perseverance, learning differences, and emotional growth.

Social Awareness



Each Kindness
by Jacqueline Woodson

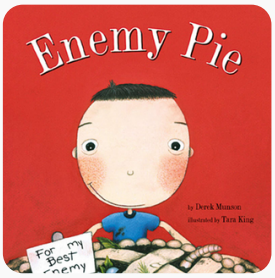
A story that encourages students to notice others and choose kindness, highlighting the consequences of inaction.



Save Me a Seat by Sarah Weeks & Gita Varadarajan

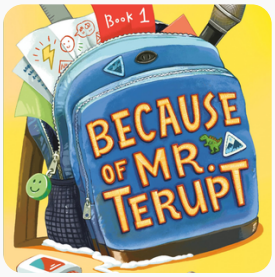
Follows two students as they navigate misunderstandings, bullying, and cultural differences, ultimately building empathy and an unexpected friendship.

Relationship Skills



Enemy Pie
by Derek Munson

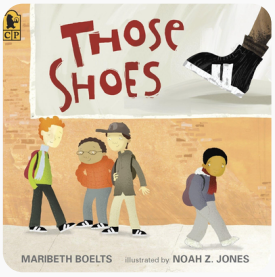
A boy learns that the best way to get rid of an enemy is to spend time with them, promoting communication and perspective-taking.



Because of Mr. Terupt
by Rob Buyea

Explores how a caring teacher helps his class navigate conflict, build empathy, and grow stronger as a community through shared challenges and personal growth.

Responsible Decision-Making



Those Shoes
by Maribeth Boelts

Tells the story of a boy who learns that kindness and empathy matter more than having the coolest pair of shoes.



The Lemonade War
by Jacqueline Davies

This chapter book explores competition, fairness, honesty, and the consequences of impulsive decisions.

Ready to discover more?

Find ready-to-use lessons, videos, and activities to pair with these books.

Visit the Platform

© 2025 All Rights Reserved